





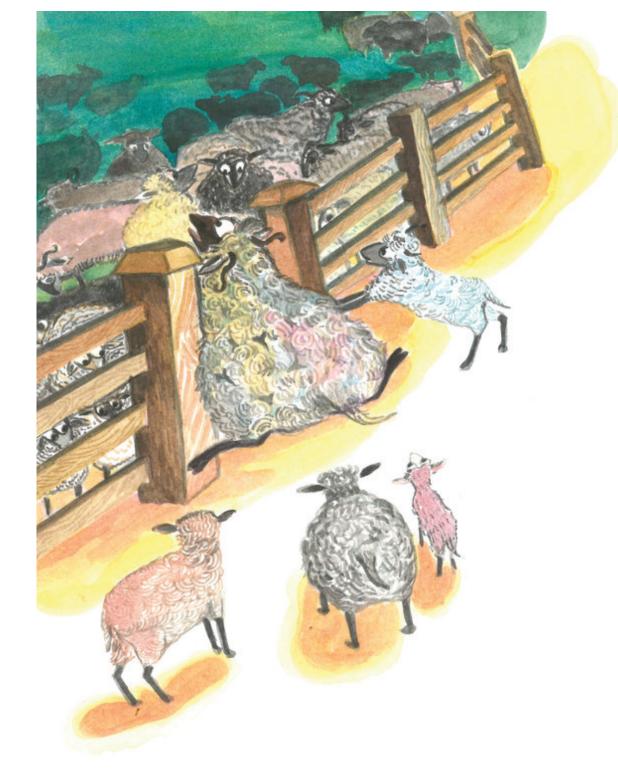


Author: Bindu Gupta Illustrator: Kanak Shashi



शाम ढले भेड़ें घर लौट रही हैं। रोज की तरह सब खुश हैं। पर मटको उदास है। उसे फिर से बाहर सोना पड़ेगा।





बाड़े का दरवाजा छोटा जो है। वह उसमें घुस नहीं पाती।



योगी ने कहा, "तुम योग किया करो। जल्दी पतली हो जाओगी।"





अगले दिन से मटको ने योग शुरू किया।



कई दिन गुज़र गए...

...पर बात न बनी।





दौड़ी ने सलाह दी। "तुम दौड़ा करो। जल्दी पतली हो जाओगी।"



उसने दौड़ना शुरू किया।

कई दिन गुज़र गए। पर बात न बनी।

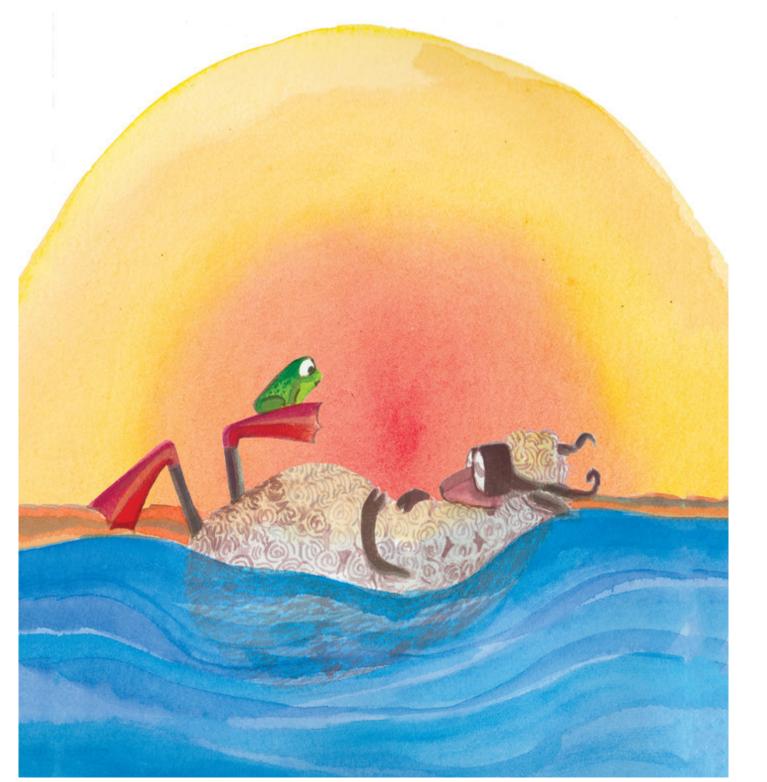
तेरू ने भी सलाह दे डाली।

"तुम तैरा करो। जल्दी पतली हो जाओगी।"

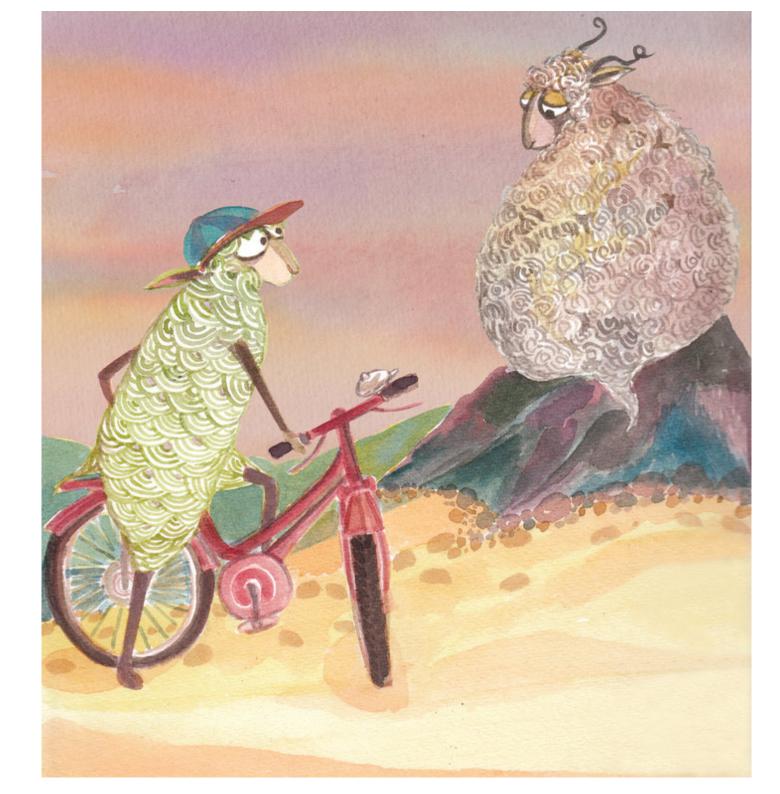




उसने तैरना शुरू किया...

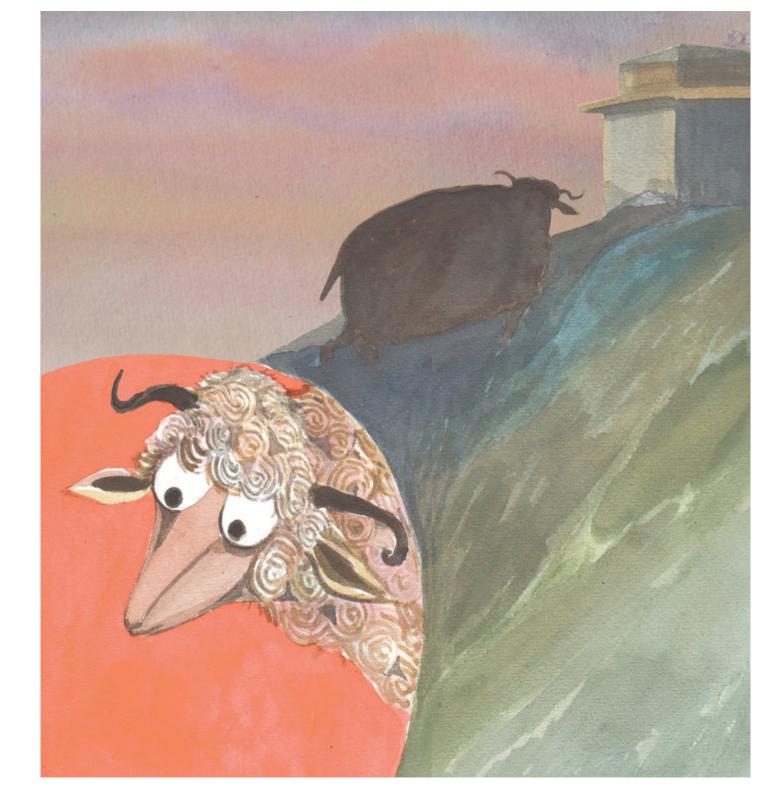


...पर बात न बनी।

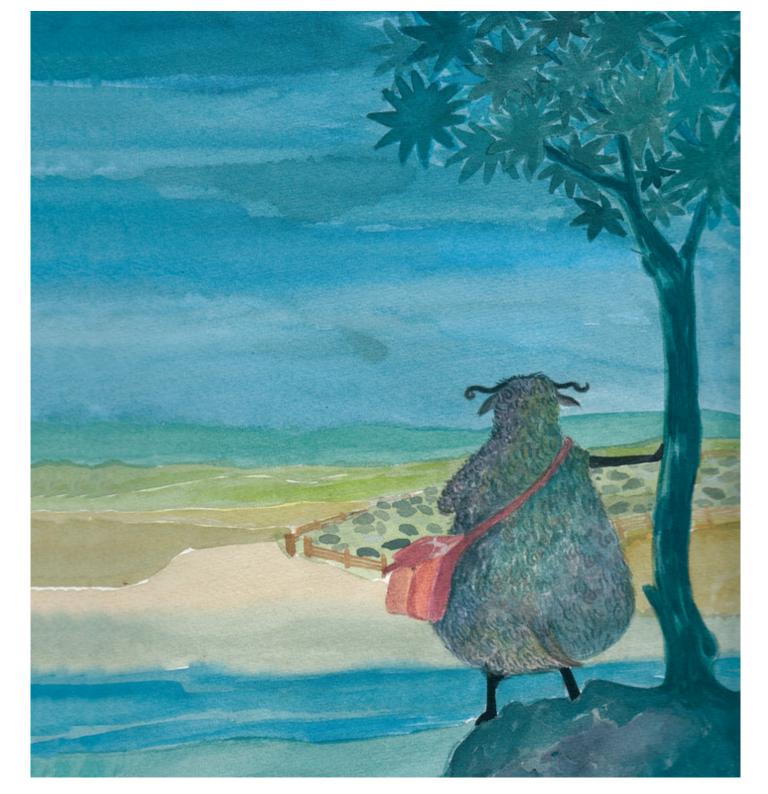


बन्नी इतराती हुई साईकिल पर आई।

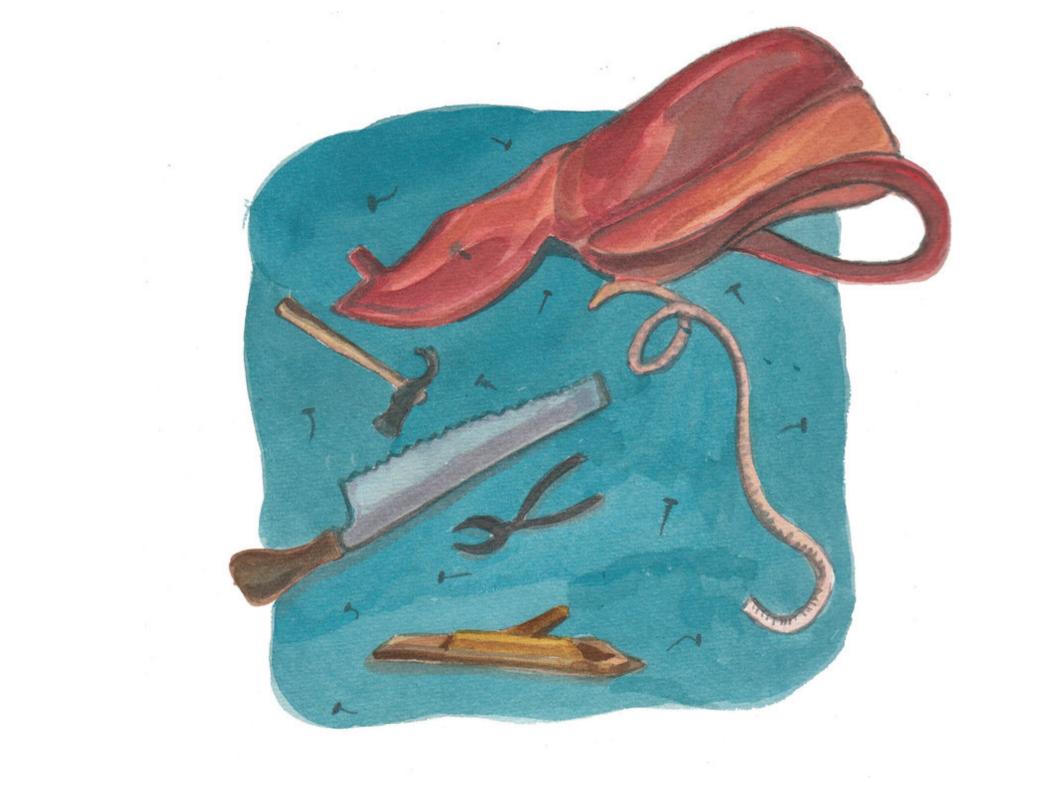
बोली, "तुम रोज़ साईकिल चलाया करो।"



मटको ने कहा,"अब बस, बहुत हुआ!"



मटको कुछ देर बाद लौटी एक थैला ले कर। थैले में कुछ औज़ार थे।





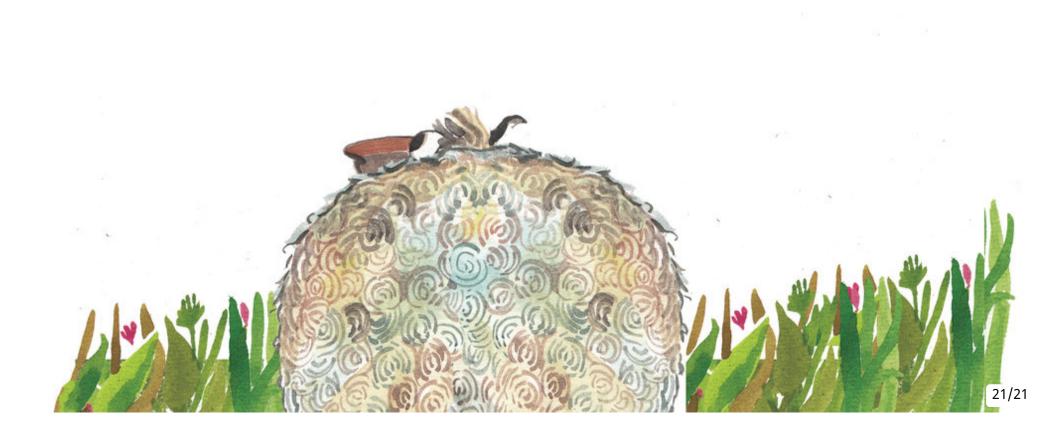
अगली सुबह मटको अंदर सो रही थी।



सबने पूछा, "अरे, तुम अंदर कैसे आईं?" "क्या तुम पतली हो गईं?" "ये योग से हुआ?" "या फिर दौड़ने से?"



मटको ने कहा, "दरवाज़ा कुछ बड़ा हो गया है। मैं जैसी हूँ, वैसे ठीक हूँ।"





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मैं ऐसी ही हूँ! (Hindi)

मटको भेड़ बहुत मोटी है और अपने बाड़े में नहीं घुस पाती है। दूसरी भेड़ें उसे तरह-तरह की कसरत करने की सलाह देती हैं लेकिन बात नहीं बनती। अंत में मटको यह समझ जाती है कि वह जैसी है वैसी ही ठीक है और अपनी समस्या का चतुराई से हल निकाल लेती है।

This is a Level 3 book for children who are ready to read on their own.



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